

**EASTERN CONNECTICUT STATE UNIVERSITY
WOMEN'S SOCCER
2010 SPRING SCHEDULE**

<u>March</u>	<u>Day</u>	<u>Time/Location</u>	<u>Session</u>
Monday	March 29	12-1:45pm/Turf Field	Ball Skills/scrimmage
Wednesday	March 31	12-1:45pm/Turf Field	1v1/scrimmage
<u>April</u>			
Monday	April 5	12-1:45pm/Turf Field	1 mile run/scrimmage
Wednesday	April 7	12-1:45pm/Turf Field	Passing/scrimmage
Friday	April 9	12-1:45pm/Turf Field	Finishing/scrimmage
Monday	April 12	12-1:45pm/Turf Field	2v1/scrimmage
Wednesday	April 14	12-1:45pm/Turf Field	Receiving//scrimmage
Friday	April 16	12-1:45pm/Turf Field	Serving/scrimmage
Monday	April 19	12-1:45pm/Turf Field	3v2/scrimmage
Wednesday	April 21	12-1:45pm/Turf Field	3v3+3/scrimmage
Friday	April 23	12-1:45pm/Turf Field	System of play/scrimmage
Sunday	April 25	Competition TBA	
Monday	April 26	12-1:45pm/Turf Field	Agility/stretching
Wednesday	April 28	12-1:45pm/Turf Field	1 mile run/scrimmage
Friday	April 30	12-1:45pm/Turf Field	Beep Test/scrimmage

*-If inclement weather, practice will be held in the Sports Center Gym one or two courts. Items you will need for each practice: Indoor shoes, running shoes, cleats, shin guards, proper cold weather gear (sweat suit, under armor, gloves), your own water bottle, GK gear.